## **TOBIKO (FLYING FISH ROE)** Good Quality Makes Good Sense

Tobiko is the Japanese word for the flying fish roe. Supreme Brand Tobiko is very nutritious, due to its high vitamin content, high protein content, and large ratio of omega-3 to omega-6 fatty acids.

It is most widely known for its use in creating certain types of sushi. The eggs are small, ranging from 0.5 to 0.8 mm. For comparison, tobiko is larger than masago, but smaller than ikura. Natural tobiko has a red-orange color, a mild smoky or salty taste, and a crunchy texture.



Orange 12/500g Item # 30014



Green 12/500g Item # 30074



Red 12/500g Item # 30013



Black 12/500g Item # 30075







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